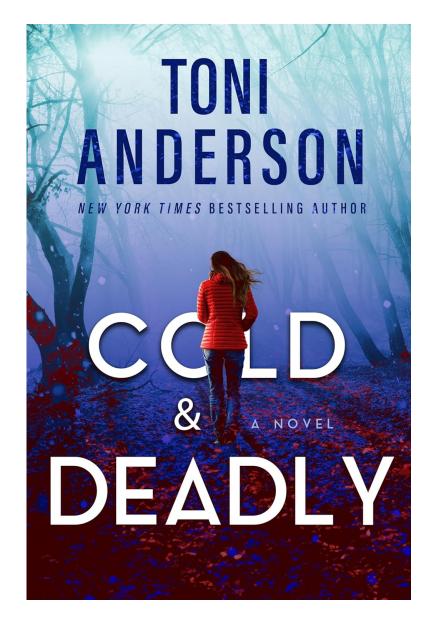


# **Cold & Deadly**



### General Summary of Cold & Deadly by Toni Anderson

Cold & Deadly is a gripping romantic suspense novel that follows FBI agents
Dominic Sheridan and Ava Kanas as they navigate a complex investigation filled
with danger, intrigue, and emotional turmoil. When a fellow agent is murdered,
Dominic and Ava are thrown together to uncover the truth behind the crime. As
they delve deeper into the case, they uncover a web of corruption and betrayal
that threatens their lives and careers. Amidst the high-stakes investigation,
Dominic and Ava must confront their pasts, battle their demons, and learn to trust
each other as they fight to bring justice to the fallen agent and prevent further
chaos.

## **▼** Book Subplots

### **Subplot Summaries**

### **Love Story Subplot:**

Dominic Sheridan and Ava Kanas, both strong and dedicated FBI agents, are initially thrown together by the circumstances of their investigation. Their professional relationship is strained by their contrasting approaches and guarded personalities. However, as they work closely together, they begin to see past each other's defenses. Dominic's charm and resilience start to break through Ava's emotional walls, while Ava's strength and vulnerability captivate Dominic. Their mutual respect grows into a deep emotional connection, leading to a passionate romance. The love story subplot explores their journey from reluctant partners to lovers, highlighting their individual growth and the healing power of love.

### **Redemption Subplot:**

Dominic Sheridan is haunted by past mistakes and perceived failures that have left him with a deep-seated need for redemption. This subplot follows his personal journey as he seeks to atone for these past errors by solving the murder of his fellow agent. Dominic's determination to bring justice is driven by his desire to prove his worth and make amends for the guilt he carries. Throughout the investigation, he faces numerous challenges and moral dilemmas that test his resolve and integrity. His path to redemption is intertwined with his evolving relationship with Ava, who helps him confront his fears and embrace his vulnerabilities.

### **Mentorship Subplot:**

Ava Kanas, while a seasoned and skilled FBI agent, finds herself in a position where she must guide and mentor younger or less experienced colleagues during the investigation. This subplot showcases Ava's growth as she steps into a leadership role, sharing her knowledge and experience while also learning from those around her. Her mentorship extends to Dominic as well, as they both learn from each other's strengths and weaknesses. Through mentoring, Ava gains confidence and a renewed sense of purpose, while also helping her

colleagues develop their skills and navigate the complexities of their roles. This subplot emphasizes the importance of collaboration, support, and the impact of positive mentorship within the high-stakes environment of the FBI.

These summaries provide a comprehensive overview of the central themes and subplots in *Cold & Deadly*, highlighting the intricate blend of romance, personal growth, and professional dynamics that drive the story forward.

### ▼ Ava Character Profile

**Summary of the Book or Movie:** *Cold & Deadly* follows FBI agents Dominic Sheridan and Ava Kanas as they investigate the murder of a fellow agent. The story delves into a web of corruption, betrayal, and danger. Throughout the high-stakes investigation, Dominic and Ava must confront their pasts, navigate their vulnerabilities, and learn to trust each other to bring justice and prevent further chaos.

#### **Character Introduction:**

Ava Kanas is a dedicated and skilled FBI agent with a complex past that has shaped her into a formidable yet emotionally guarded professional. Her sharp intellect and unwavering commitment to justice make her a key player in the investigation, but her personal demons and vulnerabilities add depth to her character.

#### Vulnerabilities:

• **Summary:** Ava's main vulnerabilities include a fear of losing control, insecurity about her worth, and emotional scarring from trauma.

#### Reasons:

- Fear of losing control is rooted in past experiences where she felt helpless and vulnerable.
- Insecurity about her worth stems from past failures and a constant need for validation.
- Emotional scarring from trauma has made her wary of trusting others and forming deep connections.
- **Impact on Story:** These vulnerabilities make Ava cautious and meticulous, driving her to overcompensate and seek perfection. They affect her

interactions, making it difficult for her to connect emotionally with others and often leading her to isolate herself to avoid further pain.

### **Moral Complexities:**

• **Summary:** Ava faces internal conflicts between professional duty and personal morality, truth and protection, and independence and collaboration.

#### • Situation:

- Situations where legal protocols conflict with her personal sense of justice trigger her moral complexities.
- She sometimes conceals the truth to protect others or prevent harm, leading to ethical dilemmas.
- Her pride in independence clashes with the need for effective teamwork and collaboration.
- Impact on Story: These moral complexities lead to inner turmoil and affect her decision-making process. They create tension in her relationships with colleagues and challenge her ability to navigate the ethical boundaries of her profession.

#### **Hidden Motivations:**

Summary: Ava's hidden motivations include a need for redemption, a
desire for acceptance and belonging, and overcoming her fear of intimacy.

### Key Events:

- Her quest for redemption is driven by past mistakes and a need to prove her worth.
- Her desire for acceptance and belonging is evident in her interactions with her colleagues and her struggle to connect on a deeper level.
- Key events in the investigation challenge her fear of intimacy, pushing her to trust and open up to others.
- **Impact on Story:** These hidden motivations influence Ava's actions and decisions, driving her to work tirelessly and strive for excellence. They

shape her personal growth and development throughout the story, as she learns to balance her professional responsibilities with her personal needs.

### **Summary of the Character Arc:**

Ava Kanas's character arc in

Cold & Deadly involves significant personal and professional growth. She evolves from a cautious and emotionally guarded agent into a more open and trusting individual. Her journey includes confronting her past traumas, overcoming her fears, and finding a balance between her duty and personal desires. Through her relationship with Dominic and her mentorship role, Ava learns to trust others and embrace vulnerability as a strength.

### **Summary of the Crime Story with This Character in Mind:**

Ava's vulnerabilities, moral complexities, and hidden motivations significantly impact the crime story in

Cold & Deadly. Her fear of losing control and need for redemption drive her to pursue the investigation with relentless determination, while her emotional scars and insecurity influence her interactions with Dominic and other colleagues. The ethical dilemmas she faces add depth to the narrative, highlighting the challenges of balancing professional duty with personal morality. Ava's hidden motivations, such as her desire for acceptance and overcoming her fear of intimacy, shape her character development and contribute to the story's resolution. Her journey towards self-discovery and trust not only helps solve the case but also brings a sense of closure and growth to her character.

# ▼ Ava Kanas Triple Profiles

### **Vulnerability Profile:**

- Vulnerability: Fear of Losing Control
  - Reasons: Ava has faced situations in her life where she felt helpless and out of control, which has instilled a deep-seated fear of losing control over her circumstances and emotions.
  - Effects on Actions: This fear makes her cautious and meticulous in her actions. She often tries to manage every detail and can become

anxious when things don't go according to plan. It can also lead her to be overly guarded, avoiding situations where she might feel vulnerable.

- Vulnerability: Insecurity About Her Worth
  - Reasons: Past experiences have made Ava question her value and capabilities, leading to underlying insecurities about her worth, both professionally and personally.
  - Effects on Actions: Ava may overcompensate by striving for perfection and seeking validation through her achievements. She might be hesitant to take risks or speak up, fearing criticism or failure. This insecurity can also affect her relationships, as she may struggle to believe she is deserving of love and respect.
- Vulnerability: Emotional Scarring from Trauma
  - Reasons: Ava has endured traumatic events that have left emotional scars, impacting her ability to fully trust and open up to others.
  - Effects on Actions: This trauma can cause Ava to be wary and distant, building emotional walls to protect herself from further pain. It can affect her interactions, making it difficult for her to form close connections and rely on others for support.

### **Moral Complexity Profile:**

- Moral Conflict: Professional Duty vs. Personal Morality
  - Reasons: As an FBI agent, Ava is committed to upholding the law, but she sometimes faces situations where the legal course of action conflicts with her personal sense of right and wrong.
  - Effects on Actions: This conflict can lead to internal struggle, causing her to question her actions and decisions. She may find herself bending the rules or taking unconventional approaches to ensure justice, grappling with the guilt and ethical implications of her choices.
- Moral Conflict: Truth vs. Protection
  - Reasons: Ava values honesty but sometimes feels compelled to conceal the truth to protect others or avoid causing harm.

- Effects on Actions: This can lead to ethical dilemmas where she must choose between being truthful and protecting those she cares about. It can create tension in her relationships and affect her credibility, as she balances the consequences of her decisions.
- Moral Conflict: Independence vs. Collaboration
  - Reasons: Ava prides herself on her independence and self-reliance but understands the importance of teamwork in her line of work.
  - Effects on Actions: She may struggle to delegate tasks or accept help, fearing it might compromise her sense of control or reveal her vulnerabilities. This conflict can hinder effective collaboration and create friction with colleagues who feel excluded or undervalued.

### **Hidden Motivation Profile:**

- Hidden Motivation: Need for Redemption
  - Reasons: Ava seeks to redeem herself for past failures and mistakes, driven by a desire to prove her worth and make amends for any perceived shortcomings.
  - Effects on Actions: This motivation propels her to work tirelessly and strive for excellence in her role as an FBI agent. It can lead her to take on challenging cases and push her limits, often at the expense of her well-being and personal life.
- Hidden Motivation: Desire for Acceptance and Belonging
  - Reasons: Despite her strong exterior, Ava yearns for acceptance and a sense of belonging, both within her professional community and personal life.
  - Effects on Actions: This desire influences her interactions, as she seeks to build meaningful connections and be valued for who she is. It drives her to support her colleagues and loved ones, fostering loyalty and camaraderie but also making her vulnerable to disappointment and rejection.
- Hidden Motivation: Overcoming Fear of Intimacy

- Reasons: Ava's past traumas have made her wary of intimacy, but deep down, she longs to overcome this fear and experience genuine closeness and love.
- Effects on Actions: This hidden motivation causes her to oscillate between pushing people away and attempting to let them in. It shapes her emotional journey as she gradually learns to trust and open up, confronting her fears and allowing herself to be vulnerable.

These profiles provide a detailed understanding of Ava Kanas's character, highlighting the vulnerabilities, moral complexities, and hidden motivations that make her a compelling and relatable protagonist in *Cold & Deadly*.

### ▼ Dominic Character Profile

Summary of the Book or Movie: Cold & Deadly follows FBI agents Dominic Sheridan and Ava Kanas as they investigate the murder of a fellow agent. As they delve deeper into the case, they uncover a web of corruption and betrayal that threatens their lives and careers. Amidst the high-stakes investigation, Dominic and Ava must confront their pasts, battle their demons, and learn to trust each other to bring justice and prevent further chaos.

#### **Character Introduction:**

Dominic Sheridan is a dedicated and resilient FBI agent known for his determination and sharp instincts. In

Cold & Deadly, Dominic's personal and professional lives collide as he is drawn into a dangerous investigation that forces him to confront his deepest vulnerabilities and hidden motivations.

#### Vulnerabilities:

• **Summary:** Dominic's main vulnerabilities include trust issues, fear of failure, and emotional detachment.

#### Reasons:

- Trust issues stem from past betrayals, making him wary of forming close relationships.
- Fear of failure is driven by the pressure to succeed and past experiences of falling short, particularly in high-stakes situations.

- Emotional detachment is a defense mechanism developed from dealing with trauma and loss, leading him to avoid deep emotional connections.
- Impact on Story: These vulnerabilities affect Dominic's actions and
  decisions throughout the story. His trust issues make him cautious and
  skeptical, often handling situations independently, which can isolate him
  from potential allies. Fear of failure drives him to work relentlessly,
  sometimes to the point of risking his safety. Emotional detachment hinders
  his ability to connect with others, creating barriers in his professional and
  personal relationships.

### **Moral Complexities:**

• **Summary:** Dominic faces internal conflicts between justice and revenge, duty and personal desires, and honesty and protection.

#### Situation:

- His commitment to justice is tested by his desire for revenge against those who have wronged him or his loved ones.
- The demands of his job often conflict with his personal desires and relationships, particularly when those he cares about are involved.
- He values honesty but sometimes withholds information to protect others or prevent panic, creating ethical dilemmas.
- Impact on Story: These moral complexities lead to difficult decisions and inner turmoil for Dominic. His struggle between justice and revenge affects his judgment and actions, sometimes leading to impulsive or risky behavior. Balancing his duty with personal desires causes tension in his relationships and impacts his ability to make objective decisions. The conflict between honesty and protection complicates his interactions, potentially leading to mistrust and misunderstandings.

#### **Hidden Motivations:**

• **Summary:** Dominic's hidden motivations include seeking redemption, desire for connection, and overcoming fear of vulnerability.

### Key Events:

- His need for redemption is driven by past mistakes and a desire to prove his worth, particularly in the wake of professional failures.
- Despite his emotional detachment, Dominic yearns for meaningful connections and relationships, which influence his interactions with Ava and others.
- His fear of vulnerability is challenged by the unfolding investigation and his growing relationship with Ava, pushing him to open up and trust.
- Impact on Story: These hidden motivations drive Dominic's actions and development throughout the story. His quest for redemption fuels his relentless pursuit of justice and willingness to take risks. The desire for connection influences his evolving relationship with Ava and his efforts to support his colleagues. Overcoming his fear of vulnerability leads to significant personal growth, allowing him to form deeper connections and trust others.

### **Summary of the Character Arc:**

Dominic Sheridan's character arc in

Cold & Deadly involves significant personal and professional growth. He evolves from a guarded and independent agent into a more open and trusting individual. His journey includes confronting his past betrayals, overcoming his fear of failure, and learning to balance his professional responsibilities with personal connections. Through his relationship with Ava and the challenges of the investigation, Dominic learns to trust others, embrace vulnerability, and find redemption.

### **Summary of the Crime Story with This Character in Mind:**

Dominic's vulnerabilities, moral complexities, and hidden motivations significantly impact the crime story in

Cold & Deadly. His trust issues and fear of failure drive him to pursue the investigation with relentless determination, often taking risks to ensure success. The internal conflict between justice and revenge adds depth to the narrative, as Dominic grapples with ethical dilemmas and the temptation to take matters into his own hands. His hidden motivations, such as the need for redemption and desire for connection, shape his character development and interactions with others. These elements contribute to the story's resolution, highlighting Dominic's journey towards personal growth and justice. His

evolution as a character not only helps solve the case but also brings a sense of closure and healing.

# **▼** Dominic Sheridan Triple Profiles

### **Vulnerability Profile:**

- Vulnerability: Trust Issues
  - Reasons: Dominic has experienced betrayal in the past, both professionally and personally, which has led him to be wary of forming close relationships.
  - Effects on Actions: This makes him cautious and sometimes overly skeptical, often questioning the motives of those around him. It can cause him to isolate himself and handle situations independently, potentially putting him at risk or hindering teamwork.
- Vulnerability: Fear of Failure
  - Reasons: As a dedicated FBI agent, Dominic feels a profound responsibility to protect others and solve cases efficiently. The pressure to uphold his duty and his past failures haunt him.
  - Effects on Actions: This fear drives him to work relentlessly, sometimes to the point of exhaustion. He may take unnecessary risks to ensure success, and his decision-making can be clouded by the desperation to avoid any form of failure.
- Vulnerability: Emotional Detachment
  - Reasons: Dominic's experiences have made him emotionally guarded, leading him to detach himself from situations to avoid pain and distraction.
  - Effects on Actions: He often struggles to express his emotions or connect with others on a deeper level, which can make him appear cold or indifferent. This detachment can impact his relationships with colleagues and potential romantic interests, creating barriers to genuine connections.

### **Moral Complexity Profile:**

- Moral Conflict: Justice vs. Revenge
  - Reasons: Dominic is deeply committed to justice, but personal losses have fueled a desire for revenge against those who have wronged him or his loved ones.
  - Effects on Actions: This internal conflict can lead to impulsive decisions driven by emotion rather than logic. He may struggle with staying within the boundaries of the law, grappling with the temptation to take matters into his own hands to ensure those responsible face consequences.
- Moral Conflict: Duty vs. Personal Desires
  - Reasons: Dominic's sense of duty as an FBI agent often clashes with his personal desires and needs, especially when they involve people he cares about.
  - Effects on Actions: He frequently sacrifices his personal happiness and relationships for the sake of his job, leading to inner turmoil and a sense of loneliness. This conflict can cause him to second-guess his choices and feel guilt over prioritizing work over personal life.
- Moral Conflict: Honesty vs. Protection
  - Reasons: Dominic values honesty, but he sometimes withholds information to protect those he cares about or to prevent panic.
  - Effects on Actions: This selective honesty can create mistrust and misunderstandings with those around him. It complicates his relationships and can lead to situations where his true intentions are questioned, affecting his credibility and integrity.

### **Hidden Motivation Profile:**

- Hidden Motivation: Seeking Redemption
  - Reasons: Dominic harbors a deep-seated need to atone for past mistakes and perceived failures, driving him to prove his worth and effectiveness as an agent.

- Effects on Actions: This motivation pushes him to go above and beyond in his cases, often putting himself in danger. It fuels his relentless pursuit of justice and can lead to burnout as he continuously strives for perfection and redemption.
- Hidden Motivation: Desire for Connection
  - Reasons: Despite his emotional detachment, Dominic yearns for meaningful connections and relationships that he can trust and rely on.
  - Effects on Actions: This hidden desire influences his interactions, making him occasionally let his guard down and show vulnerability. It affects his decisions, as he may take steps to protect and support those he feels a connection with, sometimes at the expense of his professional responsibilities.
- Hidden Motivation: Overcoming Fear of Vulnerability
  - Reasons: Dominic's guarded nature is a shield against being hurt again,
     but deep down, he wishes to overcome this fear and be more open.
  - Effects on Actions: This hidden motivation leads to moments of inner conflict where he battles between maintaining his tough exterior and allowing himself to be vulnerable. It affects his growth throughout the story as he gradually learns to trust and open up to others.

These profiles provide a comprehensive understanding of Dominic Sheridan's character, highlighting the complexities that make him a compelling and multifaceted protagonist in *Cold & Deadly*.

Anderson, Toni. Cold & Deadly. Toni Anderson Inc., 2019.



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